

OCCUPATIONAL HEALTH SERVICES

Overview of Services

- ▶ Occupational Medicine
- ▶ Behavioral Health
- ▶ Industrial Rehabilitation
- ▶ Health Education & Wellness



The AdvanceMed Hanford (AMH) Site occupational health program is designed to provide professional services in support of the health and safety of more than 12,000 workers on the Hanford Site. The program is based on fundamental occupational health tenets of:

- ▶ Medical surveillance
- ▶ Prevention
- ▶ Identification & limited treatment
- ▶ Rehabilitation of work related diseases, injuries, & education

AdvanceMed Hanford

1979 Snyder St., Suite 150

Richland, WA 99354

Mail Stop G3-70

Overview of Services

Medical Services

AMH Main /1979 Snyder St. 376-3333
200 West Clinic 373-2314
Scheduling 376-6251 or 373-9258
Records Release 372-0869
Patient Comment Line 376-6565
Recent Exam Result Inquiries 376-1999
Beryllium Case Manager 376-6000
Case Management Nurse 376-5534

Walk-In Medical Service:

Preliminary evaluation and treatment is provided when a worker experiences an occupational injury, exposure, or illness.

Return-to-Work Examinations:

AMH provides return-to-work services and work suitability evaluations for workers who have been absent from work due to illness or injury.

Infection Control & Immunizations:

AMH offers annual flu vaccinations, bloodborne pathogen training, Hepatitis-B and other immunizations as appropriate.

Case Management & Beryllium Case Management:

AMH provides services to assist injured/ ill workers in the return-to-work process. Beryllium Case Management administers the Beryllium Medical Monitoring Program.

Medical Examinations & Surveillance:

AMH provides medical exams for medical qualification and monitoring of workers at risk for exposure to workplace hazards.

Health Analysis & Risk Communication:

AMH professionals analyze health data to monitor trends and validate effectiveness of worker protection measures and controls. Risk communication activities include interchange and interpretation

of information with stakeholders and response to worker health and safety concerns.

Travel Medicine:

Travel medicine services are provided for workers traveling on official business to domestic or foreign destinations.



Industrial Rehabilitation Services

Industrial Rehabilitation 376-2109

Work Capacity Evaluation:

AMH assesses a worker's capacity related to the essential functions and physical demands of his/her job--often a part of the return-to-work process or work restriction/suitability evaluation.

Ergonomics:

AMH provides office/field ergonomic evaluations, web-based resources, and educational programs such as Ergonomic Awareness Training and Back School.

Work Conditioning:

This consists of rehabilitation programs designed to restore physical capacity, reduce pain or other symptoms, and educate workers about re-injury prevention.

Cardiopulmonary Conditioning:

These are services provided to workers with compromised lung function.

Fitness Assessment:

Exercise Physiologists perform assessment of strength, flexibility, body composition and cardiovascular fitness.

Health Education & Wellness Services

Health Education 376-3939



Health Interventions:

AMH offers lifestyle behavior change programs at the worksite such as Weight Management, Tobacco Cessation, and Worksite Fitness programs.

Health & Safety Presentations/Training:

AMH provides a wide selection of topics available to Hanford work groups, listed with descriptions on the AMH website.

Health Fairs & Screenings:

AMH hosts health fairs at various locations across the Hanford Site to spotlight health topics and provide preventive health screenings.

Individual Health Coaching:

One-on-one coaching assists employees in making healthy lifestyle changes.

Quarterly Health Challenges:

AMH hosts Site-wide health challenges, using its on-line Health Challenge Tracker tool, to raise awareness and promote a healthy lifestyle.

Web-Based Programs:

AMH provides wellness web tools, resources and applications including interactive learning modules, newsletters, toolkits, and health risk appraisal.

Behavioral Health Services

Behavioral Health Services 376-4418

Employee Assistance Program (EAP):

Behavioral Health clinicians provide confidential psychological counseling and referral for work/ personal issues such as stress, anxiety, depression, grief, coping with change, work performance, or drug and alcohol abuse.

Other Behavioral Health Services:

- ▶ Fitness-for-duty and reliability evaluations
- ▶ Psychological and substance abuse monitoring
- ▶ Consultation to assist managers and work groups
- ▶ Presentations on mental health topics

